

# The Fort Huachuca Scout®



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Photo by Dan Simon

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# Antiterrorism/Force Protection exercise

BY SGT. JOY PARIANTE  
SCOUT STAFF

Fort Huachuca will be conducting a mandatory antiterrorism and force protection exercise Aug. 1-3 to fulfill the annual training requirement.

Exercise "Arrowhead" will gradually progress over three days to recreate a possible real world terrorism scenario, Richard Dixon, AT/FP officer, said. The exercise will begin with post intelligence personnel receiving intelligence generated for this exercise, he explained.

The intelligence analysts must develop a threat based picture from this information in order to brief the mission commander on the measures that must be taken to protect Fort Huachuca, Dixon said. The intent is to give the commander the best information to protect their personnel and their facilities, he said.

The advice given to the commander is based on the threat to the base as indicated through intelligence received and pertains to Force Protection Conditions across post, Dixon said. The post is currently at FPCON Alpha but will progress to FPCON Delta during the exercise, Dixon said.

FPCONs are series of ever increasing protective measure that will be taken across post to ensure safety, Dixon said. Posts

are only raised to Delta when there is an imminent threat to post or a threatening event has already occurred, the AT/FP officer said. If the event has already occurred, he clarified, the mission turns from force protection to consequence management.

Every organization on post will be involved in the activity in some way or another, whether it's feeding Soldiers or protecting post borders, Dixon said.

Observer/controllers, who are director level post personnel, will be evaluating and validating the procedures and plans during the exercise. Even the Installation Management Agency – Southwest Region will be role playing in the exercise, he added.

"Some of what takes place on the installation will be transparent to those on the installation," Dixon explained. "However, these will be real world incidents that the installation must be able to handle."

On Aug. 1 and 2, the exercise will have virtually no impact to the way we do business on the fort. Beginning on Aug. 3 after the morning rush hour, there will be a gradually increasing level of force protection measures put into place. Individuals attempting to enter Fort Huachuca can expect extensive vehicle

checks, long lines and a late-in-the-day release of non-essential personnel. The fort will also exercise a closure of non-essential facilities.

The post community should expect some disruption during the exercise such as closure of the Post Exchange and the commissary and long waits at the gates, Dixon said.

"Those activities that support the force protection mission within the installation or support an ongoing Army mission such as the dining facilities and child care centers will remain operational," Dixon said.

People should also expect increased security

throughout the installation, so Dixon stressed having proper identification at all times. Locations such as the Raymond W. Bliss Army Health Center will be verifying the identity of all personnel entering the facility, he said. When possible, people should try to reschedule appointments and visits to support activities throughout the installation, as such appointments and visits may be delayed or cancelled due to the exercise, Dixon said.

Many personnel may not be able to enter post during certain portions of the exercise, Dixon said. The purpose behind this, he explained, is to limit

the number of targets on the post.

"The larger the population on post, the greater the targets and tragedy," he said. On the 3rd, there will be a controlled release of non-mission essential personnel to not only reduce the post population but to test the evacuation capabilities of the fort, Dixon said. "Controlled evacuation is used to change the equation," he added.

During the exercise, information can be obtained through the Commander's Access Channel, marquees and the Attack Warning System. People can also call 538-INFO (4636) for exercise information.



Photo by Dan Simon

**Long lines at the gates should be expected during the antiterrorism and force protection exercise.**

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# Iraqi women tackle basic training

## ARMY NEWS SERVICE

Breathing, squeezing the trigger and keeping the enemy in sight are just a few of the technical shooting techniques taught by 1st. Sgt. Amir Jabar Taleb of the 1st Iraqi Army Brigade, 6th Division, to some of the first female Soldiers inducted into the Iraqi Army.

For the first time in Iraq's history, Iraqi leadership at an Iraqi

base conducted an all-female IA basic training course. Over the past two weeks, 27 female recruits have had intensive training to learn the necessary skills to become a Soldier.

"They learned how to use weapons, map reading and battle tactics to engage the enemy during combat," said Brig. Gen. Jaleel Khalaf Shawail, commanding general of the brigade.

"And with the help of my

American friends, this course has become successful. The Americans did not participate physically in the training, but observed," he added.

Amir instructed the Soldiers on riot control and how to calm an angry crowd without losing control of the situation. Amir said the cadets performed almost flawlessly. He was honored to be one of the first instructors to teach such an important class.

"An obstacle like inducting female Soldiers into their security force is a very difficult task. Jaleel is trying to accommodate both the cultural sensibilities and the practicality of training these females," said Lt. Col. Mark Kerry, commander of Task Force Bengal of the 256th Combat Team.

The basic training academy is located on Camp Taji, where Iraqi males are also indoctrinated into the security forces.

Though the facilities are not structured to accommodate females, Camp Justice provided the necessary flexibility that Camp Taji could not.

"The cadre at Camp Justice did not minimize or downplay the academic or physical training mandated by the curriculum," said Command Sgt. Maj.

See **TRAINING**, Page A14

# Water pumped at post lowest in 23-year period

## FORT HUACHUCA PRESS RELEASE

The fort's water usage in June was 47,391,000 gallons or 146 acre-feet the equivalent of 1.6 million gallons per day. The water pumped in June is 17.5 percent less than that pumped in June 2004 (177 acre-feet), and is 50.5 percent less than the 23-year (1982-2004) June average (296 acre-feet).

For the past two months the fort has achieved new lows for the 23-year monitoring period. The water pumped this June is the lowest June pumpage and May's water

pumpage (45,628,000 gallons or 140 acre-feet), is the lowest May on record for the 23-year period.

Total water pumped year-to-date (717 acre-feet) is 4.6 percent less than that pumped during the same period in 2004 (752 acre-feet).

June 2005 water usage at the U.S. Forest Service Air Tanker Station on Libby Army Airfield is 112,876 gallons. The year-to-date water use is 182,148 gallons or 0.56 acre-feet.

Treated effluent reuse for June was 43.5 acre-feet. Year-to-date effluent reuse is 156.9

acre-feet. This is water that did not have to be pumped from the groundwater aquifer (a water and energy savings) to irrigate the golf course, Chaffee Parade Field and Prosser Village.

Treated effluent for June delivered to the East Range Recharge Facility was 14.9 acre-feet. The year-to-date treated effluent delivered to the recharge facility is 196.4 acre-feet.

The lower water use in June is attributed to the continued effects of the Water Wise and Energy Smart, conservation and aggressive water leak detection programs.

# Avoid on-the-job mishaps and save post money

## BY JEROME L. MESTER

DIRECTOR OF SAFETY

During the past year, Fort Huachuca has accumulated more than 100 recordable mishaps, both military and civilian. In the area of civilian mishaps, the effects are highly visible through the mechanism of Workers Compensation claims and the related charge back cost. The charge back costs are the "bills" for each workers compensation claim that is charged back to the Department of the Army. That's right, civilian injuries are not free. We at Fort Huachuca are charged for each injury and the cost is reimbursed through the department of the Army and subtract from our budget for the following year.

The Office of Workers' Compensation Programs compensates injured federal workers for wage loss and other costs of workplace injury and illness, provides them with medical care, and restores their productivity through rehabilitation. The program makes eligible workers whole by

providing benefits as promptly as possible and returning workers to work.

The Department of Labor administers the OWCP pursuant to the Federal Employees' Compensation Act. The department insures injured employees are provided needed medical care and compensation for loss of wages due to on the job injuries without undue frustration or inconvenience.

Each dollar spent by the Dept. of Labor is charged back to the agency responsible for the injured employee. This chargeback cost comes directly out of the agency's budget that supports employee salaries.

The Fort Huachuca chargeback costs for 2005 are at an astonishing rate of \$903,140.65. This is a colossal increase from 2004, which was \$286,001.27, an increase of \$617,139.38. This amount greatly exceeds expectations for 2005.

To begin to bring the workers compensation charge back cost into control, each person on Fort Huachuca can play a major role in

protecting our personnel and ensuring we get the proper resources to perform our jobs. The first thing that must occur is that the Safety Office needs to be notified of each injury within 24 hours of occurrence. By notifying the Safety Office, each event can be investigated and Safety will be able to perform its primary purpose, which is mishap prevention.

The Safety Office operates in a primary capacity of mishap prevention. This means that one of our jobs is to identify mishap potential and in the case of a mishap, investigate the mishap to find out the magical questions surrounding the event: Who, What, When, Why, Where and How. In that, process the Safety Office also identifies the root cause of the event and makes recommendations on how to prevent future occurrences of an accident.

The second thing that needs to occur is that supervisors must take an active role in reporting mishaps in their areas and follow up to include relaying to the physician that light duty is available.

Light duty is a tool used to bring employees back to work, that does not interfere with their medical treatment, but allows each employee to spend productive time at the office, in lieu of staying at home for unproductive events. Research shows that an employee on light duty and interacting with the work environment makes a speedier recovery than an employee that just sits at home.

The third thing that each person can do is not take your work environment for granted. Again research shows that the majority of all mishaps occur, not because it is a new process or intricate process but due to complacency caused by familiarity.

Each person can take an active role in mishap prevention, starting with awareness followed by notification to the safety office of any hazards or perceived hazards. The Safety Office is here to help. Please let us know of any mishap, regardless of the severity by simply calling 533-3697 or 538-7233. If you call, we will come!



# Pre-cut firewood lottery announced

## ENVIRONMENTAL PROGRAMS PRESS RELEASE

The U.S. Army Garrison Environmental and Natural Resources Division, Fort Huachuca will be conducting a lottery for the sale of pre-cut firewood. Approximately 20 Loads of firewood will be available. Permits for a load of firewood of up to one half-cord (or one load no larger than 2x4x8 feet) for mixed green oak and juniper will be sold for \$70.00 each. Normally, a half-ton pickup without sideboards will hold a half cord.

There will be a limit of one permit per household. Selective wood collecting will not be tolerated (e.g. oak or juniper only, wood diameter, etc.). Permittees will be required to load their own vehicles.

To be considered for the lottery drawing, you must submit your name, address and phone number (with the ability to leave a message) no later than 11:00 a.m. on Thursday August 4. Submissions can be made in person to the U.S. Army Garrison Environmental and Natural Resources Division at 3040 Butler Road, Building 22526, or

by calling the office at 533-3120.

The lottery drawing will be held Friday August 5. Lottery winners will be notified by phone no later than 5:00 p.m. Monday August 8. Permits will be valid for wood pick-up from 7:15 a.m. to 3:00 p.m. on Tuesday August 16. Permit fees must be paid by check or money order on the day of wood pick-up.

This program is available to anyone on a nondiscriminatory basis without regard to race, color, national origin, sex, age, religion, marital status, or handicap.

# Immunizations important in back-to-school process

BY JANELLE LUCKSAVAGE

HEALTH EDUCATION

U.S. ARMY CENTER FOR HEALTH PROMOTION AND PREVENTIVE MEDICINE

In all the back-to-school preparation and excitement, many parents may forget to do one thing that is vital to stay current on vaccinations. If children's vaccinations are not kept up to date, it could affect the health of the children.

"When it comes to child health, prevention is always better than treatment. And nowhere is this more evident than with immunizations," said Dr. Carden Johnston, 2003-2004 president of American Academy of Pediatrics.

Ideally, immunizations should begin at birth, with the child completing the primary series by

age two — but the process doesn't stop there. Vaccinations are a lifelong step to take for optimal health.

Immunizations are one of the most important tools to protect children and adults from many infectious diseases.

Some people choose not to get vaccinations because they worry about the safety and side effects of the vaccines. Although vaccines can produce some minor side effects, they are extremely safe.

Before the FDA gives approval for a vaccine to be administered to the public, it goes through years of research and testing.

Then, after FDA approval, vaccines are continually monitored for their safety and effectiveness and are always held to the highest standards possible.

Vaccine side effects are typically a low fever or a sore injection site. These symptoms can be treated with a mild pain reliever (acetaminophen or ibuprofen). A warm, damp cloth or a heating pad can help reduce soreness.

Moving or using the limb that has received the injection can also help to reduce soreness at the injection site.

Despite possible side effects, in general, it is a lot safer to immunize children than to allow them to get any of the infections that vaccines prevent.

Other guidance about vaccines and immunizations includes:

- \* Check with the health-care provider for the current vaccine schedule.

Because researchers are always working to make vaccines better,

the schedule could change with vaccine improvements.

- \* The health-care provider will know which vaccines the child may be missing or will need soon and will provide that information to the parent during checkups or sick visits. Schools and daycare facilities also furnish information to parents of immunization requirements.

- \* Keep all the shots a child receives and dates received documented in a shot record.

- \* Keep track of any reactions a child has had to previous shots.

- \* Follow all instructions from the health-care provider after a shot is given.

Immunization is one of the best means of protecting a child

See **SHOTS**, Page A15

# We need your photos – a request from Soldiers Magazine

## SCOUT REPORTS

Soldiers Magazine is planning several special projects, and we need your photographs to make these products as colorful and informative as possible.

In December we will publish our first calendar, so we are looking for good full-frame horizontal images that depict seasonal events, Army Values or compelling moments in Army life.

In January we will need photographs that identify Army installations and Army equipment, or photographs of news events that affected the entire Army this year.

In February we will run our annual feature, "This Is Our Army," which contains candid photos of the Army family at work and play.

There, we are looking for "human interest" photos that also carry an Army theme, including strong images of tough Army training, community activities, Army operations, and deployments and returns from missions in Iraq, Afghanistan, Africa, South America and other locations.

The photos you send must be taken between August 2004 and August 2005.

For images to be considered for the calendar, they must arrive at Soldiers Magazine no later than August. Photographs for the Almanac and "This Is Our Army" can arrive by September.

Each image must include a complete caption: The Who, What, Where and When of what appears in the photo, plus the photographer's name, rank and unit, plus e-

mail address or phone number in case we must contact you for further information. The captions can be imbedded in the digital photograph or included in a separate text document.

Digital images must be un-manipulated and very high resolution, a minimum of 4" x 6" at 300 dpi, and even higher for images that must be cropped. (Again, do not crop or manipulate the images yourself before sending to us.) A small number of JPG images can be sent by e-mail, but when sending many images or sending RAW or TIFF images, please send them by CD.

If you send conventional prints, be sure to package them so they will not be damaged in the mail. Do not write captions on the back of

See **PHOTOS**, Page A6

# New device counters terrorism, keeps troops alive

## ARMY NEWS SERVICE

The Army has developed a new device to thwart terrorist activities while saving service members' lives.

The Improvised Explosive Devices Countermeasure Equipment, otherwise known as ICE, was developed by a team of engineers, scientists and Soldiers at White Sands Missile Range in New Mexico to defeat IEDs, the most prominent threat to deployed service members in Iraq.

The ICE device, which is roughly the size of a bread box, uses commercial and military technology to defeat IEDs, said Maj. Raymond D. Pickering, who helped lead the ICE design team at White Sands during its development. Thousands of ICE systems are being utilized by all of the military services, and thousands of more are on order according to Pickering.

He said that the design process involved thinking like a terrorist and acting like one too – fast.

"In the old days, we fought wars by buying a tank and then the enemy would

buy a tank and try to defeat ours – that whole process took years," he said. "Nowadays, terrorists use mortar and artillery shells as weapons," Pickering said, explaining that they combine those with commercial items to quickly design new hybrid systems.

Due to the combined efforts of engineers, scientists and Soldiers working at the Army Research Laboratory at White Sands Missile Range and New Mexico State University's Physical Science Laboratory, ICE was conceptualized and fielded in less than six months.

"Normally, it takes years to develop a prototype, test, manufacture and field it. The desire to get a product in the hands of our fighting forces immediately and prevent further casualties overcame the lengthy process," Pickering said.

Shane Cunico, the lead ICE engineer at White Sands, said that everyday there's a delay in the process means a service member may not come home.

"Approximately three service members are killed by an IED everyday," he said. "We had to get the product into their

hands as fast as we could because even one day means something."

Cunico said the military's old acquisition process is costly in terms of time and money (millions of dollars) and that a terrorist can wipe out all of the work done by engineers by switching to a new weapon.

"Countering terrorism is like a big chess game where you make one move and they make another - it's crucial that we stay one or two moves ahead of them," he said.

For their engineering efforts, Cunico, Pickering and Sam Mares, lead engineer at New Mexico State University, recently received one of the Army's Greatest Inventions Award for 2004, an annual competition to recognize excellence in achievement.

Richard Flores, White Sands manager for Survivability/Lethality Analysis Directorate and Army Research Laboratory, said the award and the impact of the device in terms of lives saved would not be possible without their sacrifice.

"They truly exemplified the Army

spirit of working as a team," Flores said.

Cunico stressed ICE is an important development because it is an adaptable piece of equipment. "It's not a static device – we can add to its capabilities. If the process is too time consuming, the military ends up with a big paperweight that costs a lot of money and can't be adapted to the changing pace of terrorists."

There are other IED counter measure systems on the market that all serve a value, but ICE is different, he said.

"It's unique in the fact that it's a government design; it has programmability, can be fielded at a rapid pace and has an unlimited capacity in terms of manufacturing," Cunico said. "Engineers can design almost anything, but it's important to get the product to the Soldier to see how it's tactically used because it affects design feasibility."

Cunico and Pickering both agree that Soldier input is crucial to engineering a useful product. "We have received a lot of positive feedback from the field and since

See **DEVICE**, Page A14

**Advertisement**

# CDC staff members awarded CDA Credential

## SCOUT REPORTS

Five individuals who are employed at the New Beginnings Child Development Center have recently been awarded their Child Development Associate credential in recognition of outstanding work with young children. The Council for Professional Recognition in Washington, D.C., which represents the early childhood profession, awarded the credentials.

The individuals who have received the CDA Credential are:

\* Debry Cornegay, who has been employed at the NBCDC for 10 years and is the lead teacher in the Multi-age 1 Classroom;

\* Beverly Cross who has been employed at NBCDC for one year and is a teacher in the Hourly Care Program. Before joining the CDC, Cross had five years of experience in the field;

\* Myla Ontiveros who has been employed with NBCDC for one year as a part of the Infant 2 Team. She has six years of experience with Department of Army Child and Youth Services which includes center-based and family child care experience;

\* Connie Smith who has been employed at the NBCDC for three years. She is teacher in the Hourly Care Program and has over 10 years of experience in the field of early childhood education; and

\* Kelli Thornton, who has been employed at NBCDC for one year and is a member of the Multi-age 2 Team. Thornton has 12 years of experience in early childhood education.

CDA is the only major national effort to improve child care by evaluation and recognizing the skills of individuals providing care. The first credential was awarded 25

years ago, and now 46 states and the District of Columbus include CDA in their child care licensing regulations.

Parents who use child care are especially concerned about their children's welfare. With this in mind, as part of the CDA assessment process, every candidate for the CDA credential is observed working with young children or families by an early childhood professional. In addition, the candidate must demonstrate the ability to work with families to develop children's physical and intellectual capabilities in a safe and healthy environment.

Child care staff and parents wanting more information on CDA should write to the Council for Professional Recognition, 2460 16th Street NW, Washington, D.C. 20009-3575, or call (202) 265-424-4310.

## PHOTOS, from Page A5

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Almanac or the "Sharp Shooters" features appearing in most issues of Soldiers Magazine.

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Photo by Sgt. Lynne Steely

## New citizens

*Spc. Elizabeth Allen with 306th Military Police Battalion, center, recites the oath of citizenship during a naturalization ceremony July 25 at Camp Victory in Baghdad. The ceremony was the second conducted in Iraq to grant deployed Soldiers U.S. citizenship.*

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**Advertisement**

# 11th Signal Brigade deploys 15 Soldiers

**1ST LT. ANDREA-BERNADETTE PRATT**  
11TH SIGNAL BRIGADE PUBLIC AFFAIRS  
OFFICER

Children were hugged tightly and offered breakfast snacks as their parents kissed their faces and prepared for a deployment ceremony at Murr Recreational Community Center on July 17. For most of the families, this would not be the first deployment, but the realization of knowing their spouses had already been deployed and returned safely did not make it any easier to keep the tears from swelling in their eyes.

The Soldiers' family members and leadership including Maj. Gen. James Hylton, Network Enterprise Technology Command Center commander, and Col. Michael Yarmie, 11th Signal Brigade commander, were all present to honor the 15 Soldiers selected to deploy from Headquarters and Headquarters Company 11th Signal Brigade, 40th Signal Battalion, 504th Signal Battalion, HHC NETCOM, and the 93rd Signal Brigade selected to deploy.

"This is a special organization of special Soldiers ... deploying in support ... of [Operation Iraqi Freedom]," Hylton commented, "the role you will play [when you deploy] will be substantial."

Each of the 15 Soldiers he addressed had been hand picked by their chain of command to deploy and support the 54th Signal Battalion in Iraq for a year based on specialized skill sets and identifiers that each Soldier could use to provide specialized support.



Courtesy photos by 11th Signal PAO

**A couple says good-bye.**



**Family members and NETCOM and 11th Signal Brigade personnel wave farewell to Soldiers deploying in support of Operation Iraqi Freedom.**

They departed from Murr Recreational Community Center on a bus, each turning around to make parting hand shakes and say their final good-byes to their family members before they disappeared into the bus.

As Sgt. 1st Class Edward Washington prepared to board the bus, he reminded his 8-year old daughter, Tiana, that he would still be keeping a watchful eye on her regardless of his deployment, "you know school starts up here in the next few weeks ... what are you going to be working on?" Tiana, answered back with a smile "getting A's!" He reminded her to work on her two tricky subjects (math and English) and then held his arms out for one last hug, "I love you, girl," he said.

Several other Soldiers followed suit by reminding their families that life should continue uninterrupted and that the deployment would not affect their involvement in the family affairs.

These 15 Soldiers are the first of approximately 30 pre-selected Soldiers that the 11th Signal Brigade will send in support of the 54th Signal



**A Soldier decides "he can take it with you."**

Battalion. The remaining Soldiers will deploy later this month.

All of the deploying Soldiers will attend the Combat Readiness Center in Fort Bliss, Texas before entering theatre.



**The deploying Soldiers left with care packages.**

# New tourniquet aids deployed Soldiers

## ARMY NEWS SERVICE

The Army is now providing troops with a new tool designed to save life and limb.

The Special Operations Forces Tactical Tourniquet, the Army's newest medical device, is being issued to Soldiers serving in Iraq and Afghanistan.

Designed for one-handed application, the SOFTT allows a Soldier to apply a tourniquet himself, replacing the Army's field-expedient method in which Soldiers used a bandage and a stick to stop blood flow from a wound.

The field-expedient method worked, "but the SOFTT is better," said Sgt. 1st Class Michael C. Klemowski, serving with the Multi-National Force – Iraq personnel section.

"Having this issued to Soldiers will cut down on casualties because it is a time-saving device," said Klemowski, a former drill sergeant. "The less time that is wasted, the better chance there is of saving someone's life."

The new tourniquet is suitable for hard to reach injuries. The SOFTT's strap can be released completely through the web clamp and then re-

threaded, allowing for application to trapped limbs.

Working on the same principles as all tourniquets, "(The SOFTT) is used to stop the bleeding from an extremity and to prevent shock," said Staff Sgt. Thomas J. Brennan, Multi-National Corps - Iraq surgeon cell NCOIC.

The SOFTT has two latches used to secure the metal handle. While only one latch is required for the tourniquet to be effective, the extra latch provides extra securing ability, de-

pending on the handle's position after tightening.

To apply the tourniquet, one slides it over the limb and pulls the tail quickly. Once the slack is removed, twist the handle until bleeding is controlled and secure the latch. Finally, to prevent accidental loosening, tighten the screw on the belt.

The SOFTT is used as a last resort to treat a wound, Brennan said.

"Try to stop the bleeding with a bandage," Brennan said to a class of Soldiers learning how to use the new

tourniquet. "After using a pressure dressing for five minutes, if the bleeding persists, use the tourniquet."

Once the tourniquet has been applied, check the pulse on either the hand or foot where the injury is.

"No pulse means the tourniquet is working," Brennan said.

"The new tourniquet became available in Iraq and Afghanistan in January and Soldiers can get the SOFTT at their unit's supply section," Brennan said.



Photo by Spc. Jeremy D. Crisp

**Staff Sgt. Thomas J. Brennan applies the Special Operations Forces Tactical Tourniquet to Sgt. Sherrie M. Knight's arm during an instructional class at Camp Victory.**

**Advertisement**



Range Closures

For more information on range closures, contact Range Control at 533-7095. Closures are subject to change.

EPG closure

The Electronic Proving Ground will be closed July 28th for the annual organization day picnic. EPG will be minimally staffed during this time. For more information, please call 349-5979.

“Revive, Restore, Renew”

Fort Huachuca Installation Chaplains present the Annual Revival hosted by Kino Gospel Protestant Service from July 27 through July 29 beginning at 7 p.m. nightly. Pastor Perry Kerney, Associate Pastor of Christ Cathedral New Life Worship Center in El Paso, Texas will be the guest speaker and teacher for Fort Huachuca’s most-anticipated event of the summer.

Kino Chapel (Bldg 51201) is located at the corner of Tyndall and Kino Ave. For more information, call Chaplain (LTC) James Stephen, Senior Pastor Kino Gospel Protestant Service, at 533-4711 or Pastor Tommy Simpson at 538-1180.

Retirement ceremony

The next Installation Retirement Ceremony is scheduled at 7

a.m. on July 29, at Chaffee Parade Field.

This ceremony is open to all military and civilians who are retiring.

A mandatory rehearsal for retirees is scheduled for 7 a.m., July 28, also at Chaffee Parade Field.

If you are interested in participating in this ceremony, contact the USAIC&FH Protocol Office at 533-1232 to fill out an information sheet to register or Suzette Krusemark, DPTMS, 533-3185, email:

[suzette.krusemark@us.army.mil](mailto:suzette.krusemark@us.army.mil).

The last day to register to stand in this ceremony will be July 19.

Construction delay

Due to inclement weather, completion of the culvert replacement at Allison Road has been delayed until the week of Aug. 8. Allison Road will be closed to all traffic from just past the Lakeside Club Road to Winrow.

A portion of Squire Road from Winrow to Allison will also be closed. The Directorate of Public Works appreciates your cooperation and patience during this construction.

If you have any questions or concerns, please contact Mr. Eric Gabel, 533-1443.

Operations suspended

Due to the force protection exercise being conducted from Aug. 1 - 3, normal DPW operations will be suspended at some point in the afternoon of Aug. 3.

Once operations are suspended, emergency calls can still be called into 533-2623 but, will be closely screened while the exercise is ongoing.

DPW will only be able to respond to critical life/health/safety requirements.

We apologize for any inconvenience this may cause and thank you for your understanding.

Chapel program for kids

Serengeti Trek, a program where “Kids are Wild about God!” is set for Aug. 1-5, 8:15 a.m. - 12 p.m. at the Main Post Chapel.

Kids, ages 3 through 5th grade, are welcome.

Volunteers are also needed. Watchcare will be provided for ages 6 months to 3 years old. Contact Dan DeVeney, 533-4598, to register, or for more information.

Newcomer welcome

Army Community Service wants to welcome newcomers to the Fort Huachuca community.

The Huachuca Welcome - a newcomer’s orientation - is sched-

uled for 9 a.m., Aug. 10 at Murr Community Center.

The orientation will provide information about the installation and the community. A tour of the post is provided

Pre-register by calling ACS at 533-2330. For more information, call Pamela Allen at 533-5919.

Change of Command, Retirement Ceremony

The United States Army Network Enterprise Technology Command/9th Army Signal Command will conduct a change of command ceremony at 9 a.m., Sept. 28, on Brown Parade Field.

Maj. Gen. James C. Hylton will relinquish command to Brig. Gen. Carroll F. Pollett. Immediately following the change of command ceremony, a retirement ceremony for Hylton will be held at the same location.

Pollett, who has been the commander of the 5th Signal Command, Mannheim, Germany, for the past two and a half years, is a career signal officer with almost 30 years in the Army.

After three years as the commanding general for the U.S. Army Signal Command and NETCOM/9th ASC, Hylton will retire with almost 34 years of service as a signal officer.

Chaplain’s Corner

Protestant Sunday Services

8 a.m.	Episcopal	Main Post
9:20 a.m.	Gospel	Kino Chapel
9:30 a.m.	Protestant	Prosser Village
11 a.m.	Cross Roads	Cochise Theater
11 a.m.	Collective	Main Post
3:30 p.m.	ALPHA	Prosser Village

Roman Catholic Worship

Mon.-Fri.	11:30 a.m.	Main Post
Saturday	4 p.m.	Main Post
Confession		
Saturday	5 p.m.	Main Post
Mass		
Sunday	9:30 a.m.	Main Post
Mass		
Sunday	11:30 a.m.	Kino Chapel
Mass		

Jewish Worship

Friday	7 p.m.	Main Post
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Catholic

Main Post Chapel

CCD	Sunday	10:45 a.m.
Adult	Sunday	10:45 a.m.
Apologetics		
Adoration of the	Friday	3 - 6 p.m.
Sacrament Blessed		
Korean OCIA	Friday	7p.m.
MCCW	1st Friday	7 p.m.

Protestant

Main Post Chapel

PWOC	Tuesday	9 a.m.
Sunday School	Sunday	9:30 a.m.

Kino Chapel

Women’s Ministry	1st, 3rd Friday	6 p.m.
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Bible Study Fellowship

Adult/Youth	Sunday	8 a.m.
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Sunday School

Youth Church	1st, 2nd, 3rd, 5th Sunday	
Men’s Choir	Tuesday	7 p.m.
Rehearsal		
Women’s Choir	2nd Tuesday	7 p.m.
Rehearsal		
Adult Bible Study	today	6 - 7 p.m.
Youth Bible Study	today	6 - 7 p.m.
Sanctuary Choir	today	7 p.m.
Rehearsal		
Youth Ushers	Saturday	10 a.m.
Youth Choir	3rd Saturday	10:30 a.m.
Youth Emphasis	4th Saturday	

Saturdays

Drama Team	Saturday	8:30 a.m.
Youth Min. Staff	Saturday	10 a.m.
& Parents Meeting		
Youth Choir	Saturday	10:30 a.m.
Rehearsal		

Murr Community Center

Teens and	Sunday	9:20 a.m.
Pre-teens Study		
Parish Council	1st Sunday after service	

Meetings		
Women’s Ministry	2nd Sunday	
Meetings		
Youth Ministry	3rd Sunday	
Meetings		
Adult Usher	4th Sunday after service	
Meetings		
Men’s Ministry	Saturday	8 a.m.
Bible Study		
Women’s Choir	5th Saturday	11 a.m.
Rehearsal		

Muslim Prayer

Friday	11:30 a.m.	Main Post
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Buddhist Weekly Teaching

Tuesday	6:30 p.m.	Prosser Village
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Orthodox Divine Liturgy

Sunday	10 a.m.	Main Post
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Latter Day Saints Service

Sunday	1 p.m.	Prosser Village
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# Unit arms rooms have ammunition limits

## SCOUT REPORTS

Ammunition which may be stored in unit arms rooms is limited to items authorized by DOD 6055.9 STD, AR 385-64, DA Pam 385-64 and AR 190-11.

Unit Commanders are responsible for each respective arms room facility and must maintain

their written command authorization, by type and quantity, on file, as required by regulations.

Unit commanders storing ammunition in arms rooms are responsible for ensuring ammunition is stored and handled IAW current DOD and DA Safety regulations.

Proper fire symbols and chemical hazard symbols must be displayed on all buildings

where ammunition is stored.

Commanders must ensure ammunition stored in arms rooms is serviceable and not suspended or restricted in a way that would preclude its use in completing the intended mission.

For assistance; units should contact local QASAS (Quality Assurance Specialist Ammunition Specialist) at 533-1843 or ASP at 533-3350.

## TRAINING, from Page A3

Hassan Abid Khadim, the senior enlisted non-commissioned officer of the 1st IA Bde. The women received the equivalent training as the males from the academy.

Instructors Amir and Sgt. 1st Class Mohamad Mohsen Shheib both described the female Soldiers as some of

the bravest women in Iraq, because there are men in this country who are afraid to wear the military uniform.

“Every time I look at the Iraqis, I say to myself, ‘Let them do it, let them figure it out.’ We should not put an American template on top of them,” Kerry said.

The brigade’s success will be the template for the rest of the Iraqi Army and inevitably it will help out the entire country, Kerry said. The Iraqi women are fighting and defying cultural trends that are stacked up against them, he added.

Many of the female Soldiers have lost

their husbands in previous wars, Jaleel noted.

“Even under these circumstances with such a strain on raising a family, they are still brave and worry about their country,” Jaleel said. “They still perform almost the same duties as men.”

## DEVICE, from Page A5

then we have developed 5,000 remote control cables that can be used from the front seat or passenger side of a Humvee to activate the device,” Cunico said.

In terms of maintenance, ICE can be repaired by Soldiers in theater at the unit level. Recalling a Marine who did not want to part with his box, Cunico smiled.

“He brought his box in to be reprogrammed and the

shop told him to come back the next day, but he told them he was willing to wait because he was not leaving without it,” Cunico said. “It’s heartening to know our efforts really mean something to folks out there.”

He said companies such as Canberra Aquila, Delta Engineering Group, Inc. and Raytheon Technical Services are working together to bring service members home to

their families safely. “Naturally there’s competition, but they’re coordinating to give us what we need and build a common product for America’s service members.”

“We shifted our focus from missiles to a new emerging threat... With ICE, this is how we think we can address the agile enemy but the battle will continue,” Pickering said.

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# Mandatory acquisition ethics training

## SCOUT REPORTS

In addition to the annual ethics training mandated for all DA military and civilian personnel, the Secretary of the Army has mandated that every Army Soldier and civilian involved in the acquisition process must receive face to face acquisition ethics train-

ing by Nov. 1. All supervisors and managers will ensure that their personnel who:

- a. are working in an acquisition office;
- b. are CORs or COTRs;
- c. are government purchase card holders;
- d. or have any significant acquisition related duties/positions as determined by the supervisor, manager, or commander.

These personnel must attend a face to face acquisition ethics training session scheduled at the Greely Hall Auditorium, on the following dates and times:

Aug 18 - 1 p.m. to 3 p.m.

Aug 25 - 9 a.m. to 11 a.m.

Sep 15 - 9 a.m. to 11 a.m.

Sep 21 - 1 p.m. to 3 p.m.

Oct 7 - 9 a.m. to 11 a.m.

Oct 26 - 9 a.m. to 11 a.m.

If you have further questions concerning this issue, please contact the SJA, Administrative Law Division (520) 533-5712.

## SHOTS, from Page A4

against contagious diseases.

The fact that residents of the United States and some other countries don't see diseases such as polio and diphtheria does not mean they no longer exist — it simply means that vaccines are working.

However, they will only continue to work as long as children continue to be immunized.

The viruses and bacteria that cause vaccine-preventable disease and death still exist and can be passed on to people who are not protected by vaccines.

For more information on vaccines and vaccination requirements, visit the CDC's National Immunization Program Web page at [www.cdc.gov/nip](http://www.cdc.gov/nip) or call the CDC National Immunization Information Hotline at 1-800-232-2522 (English) or 1-800-232-0233 (Spanish).

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Photos by Dan Simon

**Main photo:** Close to 100 young bicyclists got new helmets Friday during the Health Center's promotion of Child Safety Month. **Above:** Christopher Minton, 4, wears his new helmet. **Opposite page:** Selina Jeanise checks the fit of a helmet.

## Health Center promotes Children's Safety Month

**BY SELINA JEANISE**  
RWBAHC, PUBLIC AFFAIRS

\* More than 600 hundred bicyclists die in the United States a year from injuries related to accidents occurring while riding bicycles

\* About 540,000 bicyclists visit emergency rooms with injuries every year. Of those, about 67,000 have head injuries.

\* 1 in 8 of the bicyclists has a brain injury

\* Two-thirds of the deaths are from traumatic brain injury

\* A very high percentage, up to 88 percent, of bicyclists' brain injuries can be prevented by a helmet

\* About half of the deaths are children under 15 years old

(Statistics derived from the Bike Helmet Safety Institute Web page at [www.bhsi.org/stats.htm](http://www.bhsi.org/stats.htm))

To help keep our kids safe the Preventive Medicine Wellness and Readiness staff from Raymond

W. Bliss Army Health Center gave away close to 100 bike helmets Friday, July 22 in the front parking lot of the Health Center. Trained and certified technicians were also available to check car seats for proper installation and use.

Last year the Health Center implemented a new program called the CRASH program, which stands for Child Restraint and Safety Help. The program was the result of a partnership with Cochise Network Association, CNA, a non-profit organization created in Cochise County, Ariz. by various groups and organizations such as the Catholic Community Services, Fry Fire Department, and Raymond W. Bliss Army Health Center. The mission of CNA is to bring member organizations into a formal network to actively address the healthcare needs of the community in a concerted effort. One of CNA's major projects is titled "Let's Be Careful Out There." This program is a vehicular safety project funded by the Arizona Department of Health Services. Through this funding CNA is able to offer car seats and bike helmets to the community and RWBAHC's CRASH Team has made sure many of the car seats and helmets find their way to Fort Huachuca families.

Through this partnership, several staff members at Raymond W. Bliss Army Health Center have become certified car seat technicians and as a result of





their training created the CRASH Program. This training also enables them to teach families how to properly use and install their children's car seats as well as how to use car restraint systems properly. The CRASH team issues about 75 car seats a year to families at Fort Huachuca. Back in December, 2004, the CRASH team gave away 100 car seats in one day. The response was overwhelming and since that first event the CRASH team continues to give out and install car seats to Army families. The CRASH team also helps other CNA Member Organizations by working at community safety events throughout the Cochise County area.

For the month of July, the Community Health Nurses at RWBAHC wanted to promote Children's Safety. The Nurses paired up with the CRASH team and good things started to happen. Beth McMillan, Chief of Community Health Nursing, got the ball rolling by getting the staff interested in Children's Safety Month. Together the staff decided a bike helmet give away was the perfect way to teach kids about safety and help the community at the same time.

The staff at Raymond W. Bliss Army Health Center is dedicated to keeping your family safe and healthy. We will continue to offer bike helmets and car seats throughout the year. If you are interested in the CRASH Program please call Selina Jeanise at 533-5668 or Jeanne Warren at 533-3536. We are also available to check your car seat and teach you the safest way to install and use your child's car seat.





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# Service News



U.S. Air Force photo by Staff Sgt. Bennie J. Davis III

## Engaged

*Senior Airman James Jordan and Navy Petty Officer 1st Class Michael Hammes prepare to engage opposition forces during a special response team training course on Guam. Airman Jordan is assigned to the 613th Contingency Response Group at nearby Andersen Air Force Base.*

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# Ultimate sacrifice paid in support of OIF

**Sgt. Bryan J. Opskar**, 32, of Princeton, Minn., died Saturday when his vehicle was struck by an improvised explosive device while conducting combat operations near Ar Rutbah, Iraq. He was assigned to 2nd Light Armored Reconnaissance Battalion, 2nd Marine Division, II Marine Expeditionary Force, Camp Lejeune, N.C.

**Cpl. Steven P. Gill**, 24, of Round Rock, Texas, died July 21 from an improvised explosive device while conducting combat operations near Zaidon, Iraq. He was assigned to the Marine Reserve's 4th Reconnaissance Battalion, 4th Marine Division, San Antonio, Texas. During Operation Iraqi Freedom his unit was attached to Regimental Combat Team-8, 2nd Marine Division, II Marine Expeditionary Force (Forward).

**Petty Officer 3rd Class Travis L. Youngblood**, 26, of Surrency,

Ga., died July 21 of wounds received July 15 from an improvised explosive device during combat operations in Hit, Iraq. Youngblood was a hospital corpsman assigned to Naval Hospital Great Lakes, Great Lakes, Ill., and deployed with the II Marine Expeditionary Force (Forward).

**Staff Sgt. Jefferey J. Farrow**, 28, of Birmingham, Ala., died July 19 in Camp Arifjan, Kuwait, of non-combat related injuries. Farrow was assigned to the Army Reserve's 146th Quartermaster Company, Fort Totten, N.Y.

**Pfc. Lavena L. Johnson**, 19, of Florissant, Mo., died July 19 in Balad, Iraq, of non-combat related injuries. Johnson was assigned to the Army's 129th Corps Support Battalion, Fort Campbell, Ky.

**Sgt. Arthur R. McGill**, 25, of Gravette, Ark., died July 19 in Baghdad, Iraq, where an improvised explosive device detonated

while he was on mounted patrol in a HMMWV. McGill was assigned to the 1st Battalion, 9th Field Artillery Regiment, 2nd Brigade Combat Team, 3rd Infantry Division, Fort Stewart, Ga.

**Lance Cpl. Efrain Sanchez, Jr.**, 26, of Port Chester, N.Y., died July 17 as result of a non-hostile incident at Camp Blue Diamond, in Ramadi, Iraq. He was assigned to Headquarters Battalion, 2nd Marine Division, II Marine Expeditionary Force, Camp Lejeune, N.C.

**Staff Sgt. Frank Tiai**, 45, of Pago Pago, American Samoa, died July 17 in Baghdad when an improvised explosive device detonated near his position. Tiai was assigned to the Army Reserve's 100th Battalion, 442nd Infantry, Fort Shafter, Hawaii.

**Spc. Ronnie D. Williams**, 26, of Erlanger, Ky., died on July 17 in Baghdad of injuries sustained

on July 16 in Baghdad when his M1A2 Abrams tank left the road and entered a canal during patrol operations. Williams was assigned to the 3rd Squadron, 3rd Armored Cavalry Regiment, Fort Carson, Colo.

**Staff Sgt. Jorge L. Penaromero**, 29, of Fallbrook, Calif., died July 16 in Baghdad when an improvised explosive device detonated near his HMMWV while his unit was conducting a mounted patrol. Penaromero was assigned to the 1st Squadron, 11th Armored Cavalry Regiment, Fort Irwin, Calif.

**Sgt. 1st Class Ronald T. Wood**, 28, of Cedar City, Utah, died July 16 in Kirkuk, Iraq, when an improvised explosive device detonated near his HMMWV. Wood was assigned to the Army National Guard's 148th Field Artillery, Brigham City, Utah.

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# Bisbee, baseball and many services at Post Library



The Fort Huachuca Main Library has more than just books. The facility offers a wide variety of services including internet access workstations, interlibrary loan services, access to videos, maps, audio books, DVDs and CDs. The library also houses a pre-school through middle school children's collection, special collections of military history and Southwest history, and a wide selection of newspapers and magazines in both electronic and hard copy format.

The library offers professional reference service, and an assortment of online databases, covering literature, biography and health and wellness resources.

For the remainder of the summer, the library

is exhibiting a piece of local baseball history, along with a series of historic framed photographs from the Bisbee Mining and Historical Museum's archives. The pictures are placed side by side with the same views of Bisbee photographed in the 1990's.

In 1884, Fort Huachuca was the first Arizona community to have a uniformed baseball team. According to museum staff, baseball has been a vibrant aspect of the social life in Bisbee and the surrounding area, even before Cochise County was separated from Pima County in 1882. The exhibit includes an autographed baseball belonging to one of Bisbee's 92 year-old citizens, and a photo of a former Bisbee sportswriter with Babe

Ruth, taken at the 1938 World Series in Chicago.

The library is located at the corner of Smith Avenue and Arizona Street, next to the Main Chapel, and is open to the public Tuesday - Friday, 10:30 a.m. - 7:30 p.m., and Saturday, 8:30 a.m. - 5:30 p.m..

For more information, call 533-3041.

## Half-price paintball Saturday

Half-price paintball day will be held Saturday, 7 a.m. - 2:30 p.m. at the Sportsman's Center. \$10 covers the cost of the gun, mask, CO2, field fee and 100 rounds of ammunition. For more information, call 533-7085.

## B.O.S.S. plans block party Saturday

Better Opportunities for Single Soldiers will hold a block party beginning at 4:30 p.m., Saturday, at the area around Irwin Pool and Thunder Mountain Activity Centre, at the corner of Kelsay Avenue and Irwin Street. The event is open to the public.

Some of the activities include: a rock climbing wall; a paintball tournament; entertainment by the 36th Army rock band; swimming at Irwin Pool; and a barbecue with hamburgers and hot dogs. Admission is \$5 per person and includes the barbecue.

## New hours at the 19th Hole

The following new hours will go in effect Monday at the 19th Hole Clubhouse at Mountain View Golf Course: 10 a.m. - 6 p.m., Monday - Friday; and 9:30 a.m. - 5:30 p.m., Saturday and Sunday.

Lunch will be served 10:30 a.m. - 3 p.m., seven days a week. The lunch menu has been expanded to include bratwurst, chicken drumettes, hamburgers, cheeseburgers and soft pretzels.

For more information, call 533-7082.

## Military Idol Competition

The first local round of the Military Idol Competition will be held 7:30 - 10:30 p.m., Aug. 5 at Thunder Mountain Activity Centre. The event is open to the public. The competition winner at the local level will advance to the national competition, Oct. 17 - 22 at Fort Gordon, Ga. For more information, call Marvin Wooten at 533-3802, or Saul Caraballo, 266-1666.

## Moonlight trail ride at Buffalo Corral

Buffalo Corral will offer a moonlight trail ride August 19, the night of the full moon. The price is \$13.50 for authorized MWR patrons and \$19 for civilians. Riders must be at least 12 years of age.

Reservations and pre-payment are required by close of business the Sunday before the ride.

For more information, call 533-5220.

## Let ITR help you 'cool off'

The ITR Office can help you beat the heat with discount tickets for several Arizona water parks, including: Waterworld and Breakers in Tucson; Big Surf, Tempe; Golfand Sunsplash, Mesa; and Waterworld Safari, Phoenix.

ITR also has discounted tickets for the following attractions: Golf & Stuff Family Fun Center, Tucson; Funtasticks Family Fun Park, Tucson; and for Tucson Sidewinders home baseball games.

Let ITR help you plan a weekend getaway, with hotel reservations and discounted tickets to one of these attractions.

Call 533-2404 for more information, or drop by ITR Office in Building 70914, on Irwin Street. They're open 9 a.m. - 5 p.m., Monday - Friday and 10 a.m. - 2 p.m., Saturday.

## Bike rental, repair, now available

Bicycle rental and repair are now available on Fort Huachuca at Eifler Fitness Center, 10 a.m. - 5 p.m., Saturdays.

Sun 'n Spokes of Sierra Vista will provide bike rental and repairs for customer-owned bikes. There will be 75 new bikes available to rent on a daily, weekly or monthly basis.

For more information, call Mick Gue at Eifler Fitness Center, 533-4723.

## 2-10-2 Biathlon set for August 20

The 2-10-2 Biathlon, the second event of the

Sports and Fitness Multi-Sport Summer Series, is scheduled for Aug. 20.

Entry forms are available now at Barnes Field House, or online at [www.active.com](http://www.active.com). For more information, call 533-3180 or 533-5031.

## Soldier Show set for August 23, 24

The 2005 Army Soldier Show is scheduled for 7 p.m., Aug. 23, and 3:30 p.m. and 7 p.m., Aug. 24 at Buena Performing Arts Center, Sierra Vista.

Admission is free but you must have a ticket. Tickets will be available beginning Monday, at ITR, located in the MWR Rents Building, Irwin Street on Fort Huachuca and at Sierra Vista Safeway. Call 533-2404 for more information.

## Computer classes for youth

The SKIES*Unlimited* program is now accepting students for computer instructional classes, to be held beginning Aug. 15 at Johnston Elementary School's computer lab.

This is a year-long class, but students may attend on a monthly basis. Class fee is \$50 per month. The classes will be split into two ages groups: 5 - 8 and 9 - 18. Please call for specific class times and dates.

The instructor will be Bill Cooke, who has a master's degree in computer technology and information systems, including over 20 years experience in computer hardware and software.

The class is open to youth whose parents are active duty or retired military, Department of the Army civilians, Non-appropriated Fund employees or contractor employees. Participants must also be members of Child and Youth Services.

For CYs registration, call 533-0738 or stop in at the Central Registration Office at Murr Community Center, Building 51301. There is an annual \$18 registration fee for CYs membership.

For more information, call Robin Gabert at 533-0710.



## Fort Huachuca Directorate of Morale, Welfare & Recreation

The Directorate of Morale, Welfare & Recreation is responsible for content appearing on the MWR page in The Fort Huachuca Scout. Questions about this section should be directed to MWR Marketing Director, Paula German at 538-0836 or send an e-mail to [paula.german@hua.army.mil](mailto:paula.german@hua.army.mil) or visit us on the Web at [mwrhuachuca.com](http://mwrhuachuca.com)





## Movies

Batman Begins plays at 7 p.m. Saturday at Cochise Theater. For the complete listing of this week's movies, see Page 28.

## Steelhead Triathlon comes to Fort Huachuca



Courtesy photos by Staff Sgt. Ken Long

**Saturday's Steelhead Triathlon marked the first of a series of multi-event competitions to be held on post. Some 59 competitors completed the three-sport event that featured swimming, running and cycling.**

### Steelhead Triathlon Group Finish Times

#### Age 15-19 Male:

1. Richard Grue 1:17:33
2. Chris Dickerson 1:42:29

#### Age 20-29 Female:

1. Susan Galich 1:23:46
2. Julia Bryan 1:26:48
3. Tina Street 1:32:37

#### Male:

1. Lyle Kistoce 1:19:24
2. Tyler Jones 1:19:54
3. Brian Babcock 1:20:53

#### Age 30-39 Female:

1. Kathleen Vedock 1:15:36
2. Patricia Klepinger 1:23:41
3. Laura Knapp 1:25:14

#### Male:

1. Carlos Hernandez 1:11:00

2. Patrick Flynn 1:14:42
3. Brian Hayes 1:17:34

#### Age 40-49 Female:

1. Suzy Bacal 1:13:08
2. Anna Delozier 1:21:34
3. Vicki Gricius 1:57:35

#### Male:

1. Mike Leonard 1:07:54

See **TRIATHLON WINNERS**, Page B3



# JITC smashes 19th Signal, 2-0

BY: SPC. MARCUS BUTLER  
SCOUT STAFF

The Joint Interoperability Test Command volleyball team defeated the team from 19th Signal Company



*Vanessa Chadwick from JITC, sets up her serve during the first game of the best out of three series against the volleyball team from 19th Signal Company.*

2 games to none in an intramural regular season match-up at Barnes Field House.

JITC took the best of three contest quickly. From the first volley, 19th Signal seemed to be a little rusty by giving the ball right to JITC with a long serve. Unfortunately for 19th Signal, JITC would not make that same mistake.

From the first serve their scoring seemed to flow like rain, as the team reeled off 13 straight points before 19th Signal finally scored their first point of the night.

Trying to mount a come back, 19th Signal scored four more points before they were stopped by the JITC defense.

From then on it was a JITC show. JITC went on to win the first game, 25 – 5.

Changing sides for the second game, 19th Signal came out to try to even the score.

“This will stop right now,” said

See JITC, Page B7



Photos by Spc. Marcus Butler

*Robert Frelund from 19th Signal Company gets denied by two opposing players from JITC.*

## Sierra Vista 50th Anniversary



*Countdown: Sierra Vista turns 50 in 43 weeks*

### EDITORIAL COMMENT:

The City of Sierra Vista will celebrate its 50th anniversary, “More than a city—a way of life,” May 26-28, 2006. In support of the city’s celebration, each month until the celebration weekend, The Fort Huachuca Scout will run one reprinted article from the 1955 and 1956 issues of the “Fort Huachuca Scout”, showing what fort life was like 50 years ago. Each week, we’ll print one or more highlights of what happened on Fort Huachuca a half century ago.

Sierra Vista was founded in 1956 and annexed Fort Huachuca in 1971. Now, as in the past, the two entities worked together and are involved in many partnerships.

The Fort Huachuca Scout has been in publication for 51 years since 1951. Morgue copies of the “Scout” are available for viewing at the Fort Huachuca Public Affairs Office, Building 21115, 3015 Carnahan Street, across the street from the gazebo at the west end of

Brown Parade Field. Call 533-2622 for additional information.

Enjoy reliving Fort Huachuca’s past 50 years, and reminisce as we travel back in time. - Joan Vasey

### Reprinted from the July 28, 1955 “Fort Huachuca Scout” ‘Scout’ Visits Post Bakery

Baking cakes, cookies and pies for every unit on the post is the job of fourteen enlisted men at the Post Bakery. Seven instructors and seven students bake desserts every day for an estimated 3,500 men.

Monday was a typical day at the bakery. Beginning before dawn, the instructors and students mixed batter for 7,000 cookies. Then, at about 8 o’clock, 550 pounds of cookies were loaded into the bakery truck which delivered them to all companies on post in time for the noon meal.

Students in the baker school have assisted the permanent personnel since bakery school began six months ago. Thirty men have gone through the school including the seven presently in it. After graduating, they have returned to their companies with the experience needed to prepare desserts when their units go to the field and are unable to get baked goods from post. Purpose of the school is to provide each

company with one experienced baker.

Twice a week, 70 trays of pies are baked in 4 ½ hours and distributed. On other days, 70 trays of cake are baked for all units. About once a week, doughnuts are made at the rate of 840 per hour.

Sanitation is of prime importance at the bakery. Every morning, the men are checked for shaves, haircuts, trimmed and clean fingernails, and clean clothes. Trays are sterilized in ovens at 400 degree temperature.

Bakery officer is 2nd Lt. Thomas W. Quaidy. Chief baker is M-Sgt. Marvin C. Hendrix, assisted by Sfc. Emerson L. Durkee. Pfc. Herbert F. Mueller, who recently became an American citizen, is one of the bakery’s ablest instructors. Pfc. Mueller, formerly a baker in Germany, specializes in cake decorating. Whenever a cake is baked for a special occasion such as a company party, it is he who puts the attractive lettering on

### Movie of the Week:

“East of Eden” - starring James Dean, Julie Harris and Raymond Massey.

The filmization of John Steinbeck’s best seller of the same name. The story of a search for love with earthy, passionate, emotional characters each dependent on another.

# Arizona Tourist

## Tucson museum mixes contemporary vision with cultural history

BY AMANDA KEITH  
SCOUT STAFF

The Tucson Museum of Art, nestled between preserved historic homes on the town’s historic block, is a museum that deftly combines contemporary art works with cultural pieces from Arizona’s history.

Right now, the museum is showcasing the Arizona Biennial, a statewide exhibition that is open to any artists currently working in Arizona (this exhibits last until August 21). The museum is also showing (until August 28) a selection of three-dimensional works from the museum’s permanent collection, spanning from 1975 to the present.

Some upcoming exhibitions are as follows. On September 10, the Tucson Museum of Art will begin showing three exhibitions; selected works of Bailey Doogan, paintings and sculptures by Gwyneth Scally, and mirrored-plexiglass artwork by Florence Pierce.

The Tucson Museum of Art is a part of the historic block in downtown Tucson; this block is comprised of various restored houses that have been made into museums.

The Corbett House, built in 1907, is a refurbished house the

features objects from the Arts and Crafts era. The Edward Nye Fish House is home to the Goodman Pavilion of Western American Art. The Stevens/Duffield House features the permanent collection of pre-Columbian, Spanish Colonial and Latin American Folk Art. La Casa Cordova is a restored house from the 1850-60s era. The Romero House, also from the 1860s era, is used as for the ceramic classes of the Tucson Museum of Art School.

**Hours:**

The museum is open from 10 a.m. to 4 p.m. Tuesdays through Thursdays. On Sundays, museum hours are noon through 4 p.m. The museum is closed on Mondays and major holidays.

**Parking:**

Parking is available in a lot on the corner of Paseo Redondo and Main Avenue; the cost of the lot is \$2. There is also metered parking available around the museum.

**Prices:**

Admission prices for the museum are \$8 for adults, \$6 for seniors (60+) and \$3 for students (13+). Museum members and children 12 years and under are admitted free. On the first Sunday of each month, everyone is admitted to the museum at no charge.

**Getting there:**

The museum is located at 140 N. Main Ave in downtown Tucson. From the main gate, take a left and take Buffalo Soldier Trail (which becomes Highway 90) to Interstate 10. Drive west on I-10 until the Speedway BLVD exit. Take the Speedway exit, and turn

right on Main (Main will become Granada). Take a left on West Alameda; once past North Main, the museum will be on the left.

*Editor’s note: Information for this article was taken from the Tucson Museum of Art’s Web site at [www.tucsonarts.com](http://www.tucsonarts.com).*

**TRIATHLON WINNERS, from Page B1**

- 2. Billy Oliver 1:10:25
- 3. Mark Burton 1:23:51

Age 50 Plus:

Female:

- 1. Cheryl Paylen 1:32:25
- 2. Julie Scheneck 1:35:28
- 3. Patricia Strange 1:54:23

Male:

- 1. Nick Ashby 1:36:02
- 2. Glen Daw 1:41:43
- 3. Thad Strange 1:42:02

Female Team:

- 2. Splash Crash Dash 1:26:10

Coed Team:

- 1. Team Heinaman 1:12:17
- 2. Tri Tri Again

Male Team:

- 1. Last Minute 1:01:25
- 2. Army of 12 Monkies 1:07:30

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## Free screening

You are cordially invited to attend special screenings at your local Reel Time Theater for the following Movies  
July 30: The Dukes of Hazzard, 2 p.m.

Aug. 6: Four Brothers, 7 p.m.

Tickets can be obtained at your Main Exchange Customer Service or Anthony's II at the Regimental Mini Mall Food Court.

Seating is limited to a first come, first served basis. The ticket does not guarantee you admission.

## Back to School

Enter to win a \$1,500 shopping spree at the Post Exchange, July 29 through Aug. 4. If you find a lower price in another store, the exchange will match prices (and coupons) on identical merchandise from any local competitor. See an associate for details.

## Health Center closing

Raymond W. Bliss Army Health Center will be closed on 11:30 a.m. Aug. 5 and will remain closed the rest of the day. We appreciate your patience and would like to apologize for any inconvenience. We are having our organization day and would like for all our staff members to be able to participate. Thank you for your understanding and cooperation. This closure does include all outlying clinics as well as the Main and PX Pharmacies.

## Free admission to Arizona Heat game

Active duty military, National Guardsmen, reservists, retired servicemembers and their families are entitled to free general admission to Arizona Heat's Military Appreciation Night on Aug. 7.

The Arizona Heat, National Pro Fastpitch Women's Softball League, will provide free admission to military ID card holders and a party of up to five other people, upon presentation of ID card at the gate.

The gates at High Corbett Field open at 6:30 p.m.

Softball action against the California Sunbirds begins at 7:30 p.m.

For more information about Arizona Heat and for directions to High Corbett Field, visit their Web site at [www.arizonaprofastpitch.com](http://www.arizonaprofastpitch.com). For more information about Military Appreciation Night, call (520) 296-9595.

## Vacationing and pets

According to the Post Veterinary Clinic, a number of animals are arriving to their stray facility unnecessarily. The animals are picked up by the military police following reports from neighbors of suspected neglect. Animals who's owners are on vacation are being seen by neighbors all alone and without food or water, when in reality, most pet owners have house-sitters taking care of the animals, unseen by the neighbors, said Capt. Amy Pike, chief of the Vet Clinic. The animals then need to remain in the stray facility, at the owner's expense, until the family returns from vacation to explain the situation and retrieve their pet. The Vet Clinic advises that if you're going on vacation, you should go to the military police station and housing to fill out paperwork stating when you will be gone and how your animals will be cared for in your absence so if a neighbor is concerned about your pet's welfare, the house-sitter can be contacted and the situation remedied.

## Free concert

Information Systems Engineering Command will be sponsoring a free concert at 5:30 p.m. on Aug. 12 in Veterans Park, Sierra Vista featuring the following bands: West Coast Jazz, Krysis, Train Wreck.

This concert will be open to all ISEC and Ft. Huachuca families. Bring your lawn chairs, blankets, picnic dinners, and drinks, sit back, relax and enjoy a wonderful evening of music under the southwestern sky.

## Youth computer classes

Beginning on Aug. 15, SkiesUnlimited will present

"Computer Instructional Classes" for children, in two age groups, 5 - 8 and 9 - 18, twice weekly at Johnston Elementary School Computer Lab. The cost of this program is \$50 per month, plus annual CYC membership fee of \$18. Please call Robin Gabert at 533-0710 for times and dates.

## Soccer club sign-up

Sign-up for the Fort Huachuca Youth Soccer Club, for youth ages 4 - 13, will be held Aug. 19 at the Youth Center, Building 49013, or at the Central Registration Office in Murr Community Center, Building 51301. Proof of age and a current physical are required at the time of registration. Cost of the program is \$40 per child, but families registering multiple players will pay a reduced fee of \$32 for each additional child. Volunteers are needed for the program to act as coaches, assistant coaches, team parents and officials.

For more information on the program or to volunteer, call the Youth Sports Office at 533-8168 or 533-3205.

## DAR information workshop

The Daughters of the American Revolution are holding an information workshop to recruit new members for their organization. The sessions will be at 4-6 p.m. and 6:30-8:30 p.m. on Aug. 24 at the Mona Bishop Room in the Sierra Vista Public Library. The sessions are open to the public and refreshments will be provided.

For more information, call Sallie Lovorn at 432-6671 (e-mail at [lovorn246@aol.com](mailto:lovorn246@aol.com)) or Carol Rilling at 378-2010 (e-mail at [rilling@c2i2.com](mailto:rilling@c2i2.com)).

## Summer sale

The Huachuca Museum Gift Shop is holding a summer sale (15 percent off all items priced \$5.00 and up) for the month of July. Other items that are marked in red do not get additional mark down. The gift shop is open Monday thru Friday 9 a.m. to 4 p.m. and Saturday and Sunday 1 p.m. to 4 p.m.

## Pets Of The Week



**Peanut is a 5-year-old, neutered male Rat Terrier.**



**Shania is a 4-year-old female, Yorkshire Terrier mix**

**These animals and more are available for adoption from the Fort Huachuca Veterinary Treatment Facility. For more information, call 533-2767 or visit [forthuachucapetfinder.com](http://forthuachucapetfinder.com). In accordance with Army regulation, stray animals are kept for three working days to find an owner. After three days, they are either placed up for adoption or humanely euthanized. Strays are available for adoption for 30 days until they are euthanized.**

## At The Movies

Showing at the Cochise Theater for the next week are:

### Today -7 p.m.

Mr. and Mrs. Smith  
PG-13

### Friday -7 p.m.

Land of the Dead  
R

### Saturday -7 p.m.

Batman Begins  
PG-13

### Sunday -2 p.m.

The Perfect Man  
PG

### Monday - Wednesday

Closed

Reduced prices on Thursday evening and Sunday matinees.

## Watch CAC

For the latest news on the Fort Huachuca community as well as all of your military branches worldwide, the Commander's Access Channel (Channel 97) is your first and most reliable source. Tune in to our news block hours at four convenient times throughout the day.

Fort Huachuca's Channel 97 will discontinue airing of the weekly Fort Report for a short period of time. Spc. Nate Ludwig, the broadcaster in charge of the report, is leaving the Army and a civilian replacement has not yet been hired. The Scout will notify the community of the return of the Fort Report and until then, keep tuned to the CAC for other pertinent post information.



**JITC**, from Page B2 —

Janice Moore from 19th Signal, looking up to the score board.

JITC had first serve and was stopped by 19th Signal, who only allowed two points on their possession.

The two teams would go back and fourth scoring one to two points per effort. It was not until their fifth volley of the game that 19th Signal briefly snatched the momentum.

Finally on the offensive, 19th Signal took the lead eight to five and on the next possession stretched it to 12 to five.

With the ball in their court JITC began to take over once again by only allowing 19th Signal to score six more points while they blew past them scoring 20 points.

The final score was JITC 25, 19th Signal 18.

# Ask the Dietitian

## Will Creatine enhance muscle growth?

**BY CAPT. JENNIFER L. RODRIGUEZ**

REGISTERED DIETITIAN

Supplements are a multi-trillion dollar business. Manufacturers produce many products claiming to promote weight loss, increase muscle mass, improve energy levels and even reduce cellulite! The thought of a quick fix pill to make us look and feel better is most appealing, however, there are some concerns with specific supplements.

Today we take a look at the supplement, Creatine. The claims behind creatine include increasing muscle mass, performing activity longer, and enhancing high intensity exercise. Creatine is a naturally occurring substance in the body produced by the liver, and we get some creatine from foods we eat such as fish and meats. It is stored in

the muscle and does in fact help provide energy to the muscles. The claim is that more creatine must provide more energy to the muscle and thus enhance performance and growth.

Some research concludes that creatine supplementation may work for short, high intensity exercise such as power weight lifting or swimming, but may decrease endurance exercise performance. Athletes, who have low levels of creatine in the body, may benefit from supplementation, but any excess is excreted in the urine. No studies support the claim of muscle growth and most athletes who try to "load up" on creatine have weight gain which may be associated with water weight versus muscle gains.

If you have any health problems such as diabetes, renal disease or heart disease, taking creatine may

put you at greater risk. Potential side effects of creatine use include muscle cramps, dehydration, heat illness, diarrhea, headaches, and nausea. Liver and kidney damage are potential health risks associated with high doses. If you decide to take creatine, be sure to drink plenty of water and avoid caffeine. Do not exceed 2-5 grams per day during the maintenance stage.

Bottom line with any supplement is research. Physicians and dietitians are great resources on supplements and potential dangers. Before trying any supplement, have a professional take a look at the bottles. You never know what you may be putting in your body.

Rodriguez is a registered dietitian at the Raymond W. Bliss Army Health Center on Fort Huachuca. Send questions to [jennifer.rodriguez1@us.army.mil](mailto:jennifer.rodriguez1@us.army.mil).

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